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## **TEXAS BACK INSTITUTE PURCHASES MEDX EQUIPMENT FOR ITS CLINIC**

TEXAS BACK INSTITUTE (TBI), ONE OF THE LARGEST FREESTANDING SPINE SPECIALTY CLINICS IN THE UNITED STATES, HAS PURCHASED MEDX EQUIPMENT FOR USE IN ITS FLAGSHIP LOCATION IN PLANO, TEXAS.

TBI BOUGHT FOUR MEDX CORE AND TWO MEDX MEDICAL MACHINES. THE MEDICAL LINE MACHINES ARE FOR USE BY PATIENTS WHO REQUIRE ADDITIONAL STABILIZATION, AND ARE COMPUTERIZED TO MEASURE FUNCTIONAL ABILITY. THE MEDICAL MACHINES ARE THE CERVICAL EXTENSION AND LUMBAR EXTENSION. CORE MACHINES ARE THE 4-WAY NECK; AB ISOLATOR, LUMBAR STRENGTH AND TORSO ROTATION. THE PLANO TBI CLINIC IS THE ONLY FACILITY IN THE NORTH TEXAS REGION TO OFFER MEDX EQUIPMENT TO ITS PHYSICAL THERAPY PATIENTS.

“TEXAS BACK INSTITUTE PURCHASED THE MEDX EQUIPMENT BECAUSE WE WANTED A COST-EFFECTIVE AND CLINICALLY PROVEN MEANS OF ISOLATING AND STRENGTHENING THE CORE MUSCLES OF THE SPINE,” SAID CATHY DONAHUE, DIRECTOR OF PHYSICAL THERAPY AT TBI. “WE WANT TO GIVE OUR PATIENTS THE MOST EFFECTIVE PHYSICAL THERAPY POSSIBLE, PROVIDING THEM WITH A HEALING EXPERIENCE THEY’RE NOT LIKELY TO GET IN A TYPICAL PT CLINIC.”

### **ABOUT MEDX**

MEDX WAS FOUNDED IN 1986 BY ARTHUR JONES, THE LEGENDARY FOUNDER OF NAUTILUS. AFTER YEARS OF DEVELOPMENT AND TESTING – VALIDATED BY INDEPENDENT RESEARCH TEAMS AT THE UNIVERSITY OF FLORIDA – MEDX PERFECTED ITS MEDICAL MACHINES, WHICH PROVIDED THE MEDICAL COMMUNITY WITH THE FIRST TOOLS CAPABLE OF PRODUCING SPECIFIC AND ACCURATE TESTS OF FUNCTIONAL ABILITY, AS WELL AS THE FINEST SOURCE OF REHABILITATIVE EXERCISE. THE MEDX CORE SPINAL FITNESS SYSTEM WAS INTRODUCED IN 2002 AS EXERCISE VERSIONS OF THE MEDICAL MACHINES. SINCE THEN, IT HAS HELPED TENS OF THOUSANDS OF PEOPLE AROUND THE WORLD REDUCE OR ELIMINATE THEIR BACK PAIN.

### **ABOUT TEXAS BACK INSTITUTE**

TEXAS BACK INSTITUTE (TBI) IS ONE OF THE LARGEST FREESTANDING SPINE SPECIALTY CLINICS IN THE UNITED STATES. THE INSTITUTE, BASED IN PLANO, TEXAS, WAS ESTABLISHED IN 1978 AND PROVIDES COMPREHENSIVE MEDICAL CARE FOR INDIVIDUALS WITH BACK AND NECK PAIN. TBI IS A BACK CARE LEADER SPECIALIZING IN SPINAL ARTHROPLASTY MINIMALLY INVASIVE SPINE SURGERY, SPINAL DEFORMATION AND SPINAL ONCOLOGY CARE. AS AN ACADEMIC HEALTH CARE ORGANIZATION,

TBI HAS TRAINED HUNDREDS OF PHYSICIANS, SCIENTISTS AND ALLIED HEALTH PROFESSIONALS. ITS RESEARCH INSTITUTION EMPLOYS STATE-OF-THE-ART - TECHNOLOGY AND RESEARCH TO TREAT PATIENTS AND IS INVOLVED IN THE MOST CLINICAL TRIALS OF ARTIFICIAL DISCS. TBI’S PROFESSIONAL STAFF INCLUDES BOARD-CERTIFIED SPINE SURGEONS, GENERAL SURGEONS, INTERNISTS, CHIROPRACTORS, PHYSIATRISTS, PAIN SPECIALISTS, EXERCISE PHYSIOLOGISTS AND A TEAM OF PHYSICAL AND OCCUPATIONAL THERAPISTS. TEXAS BACK INSTITUTE’S MAIN OFFICE IS LOCATED IN PLANO, WITH OFFICES IN DENTON, FORT WORTH, GREENVILLE, GARLAND, MIDLAND, TROPHY CLUB, TX AND PHOENIX, AZ. FOR MORE INFORMATION, VISIT [WWW.TEXASBACK.COM](http://WWW.TEXASBACK.COM) OR CALL 1-800-247-BACK.

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